



**American
Red Cross**

Lifeguarding Course

Includes First Aid, CPR/FPR and AED. This is a blended learning course: part self-guided online, part in-person skills training. You must have access to a computer and the internet. There is a pre-test to qualify for the course which includes 300 yards continuous swimming, treading water for 2 minutes, and object retrieval. Must be aged 15 or older. Minimum enrollment required.

Dates:

Registration Deadline – 5:00pm, Thursday, May 30

Skills Pretest – 9:30am, Saturday, June 1

Online Work – June 1-5, self-study

Class Work – 8am-2pm, June 6, 7, 8, 9, 10,

Optional Work Day – Tuesday, June 11

Fee: \$120 (Bring fee to skills pretest, payment collected only upon successful completion; cash, check, card)

Place: Villages of Kapolei Association Pool
91-1111 Kamaaha Loop, Kapolei

To Register: Call 674-4444, dept. 2 or email
recreation@villagesofkapolei.com



Water Safety Instructor Course

Earn your certification to be a Water Safety Instructor. Candidates must be at least 16 years old and pass a swimming pre-test. Upon successful completion, candidates will be certified to teach American Red Cross swimming classes.

This certification is a useful tool for anyone looking for flexible work and good pay anywhere in the nation. Minimum enrollment required.

Dates:

Registration Deadline – 5:00pm, Thursday, June 6

Pretest – 9:30am, Saturday, June 8

Online work – June 8-12, self-study

Class Work – 8am-2pm, June 13, 14, 15 17, 18

Fees: \$120 course + \$50 books
(Please bring separate payments. Bring fee to skills pretest, payment collected only upon successful completion.)

Place: Villages of Kapolei Association Pool
91-1111 Kamaaha Loop, Kapolei

To Register: Call 674-4444, dept. 2 or email
recreation@villagesofkapolei.com



Employment opportunities.

2-year certification.

Great resume booster &
personal improvement.

Space is limited,
register early.